

Create a Dance Shape Chain

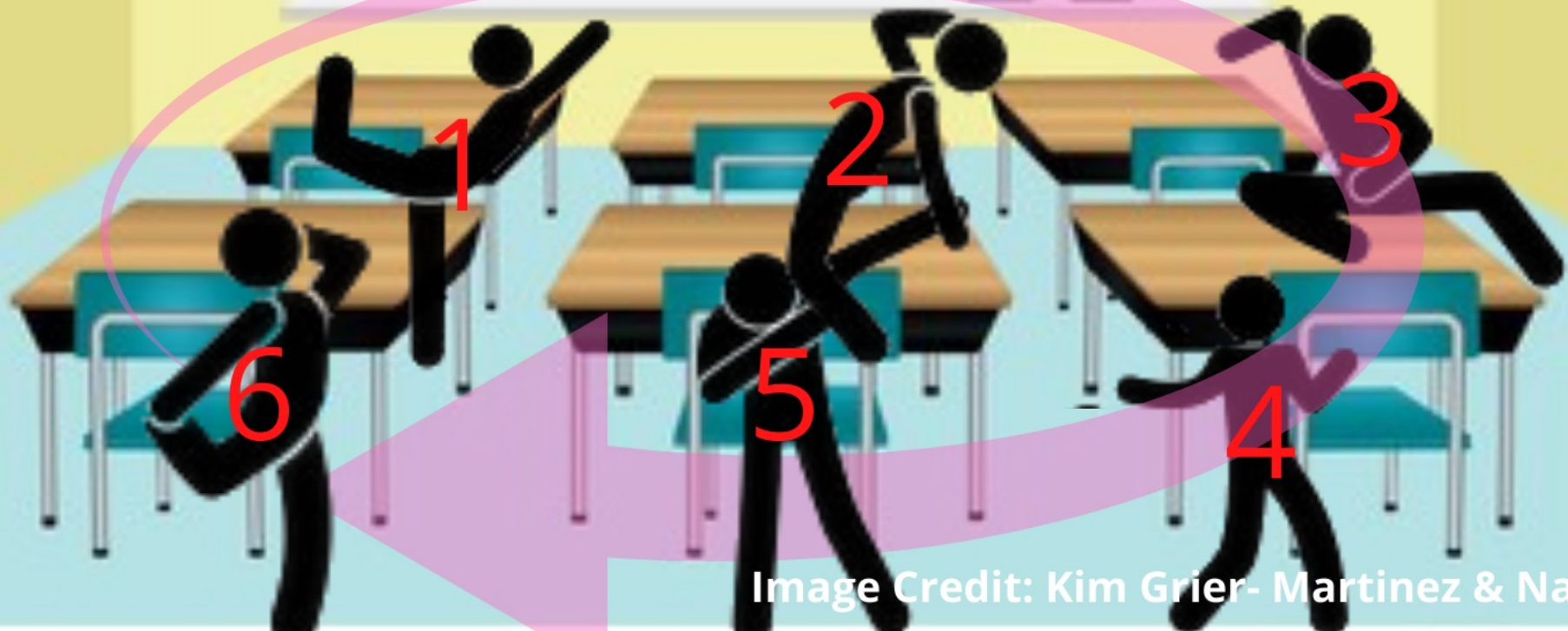
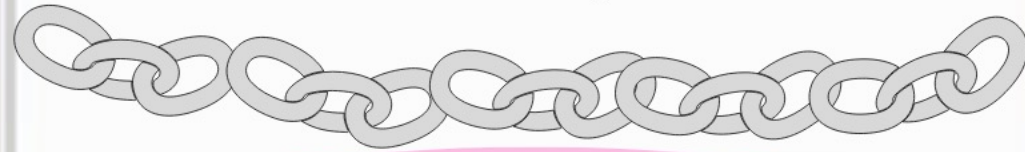


Image Credit: Kim Grier- Martinez & Nami Kagami

Create a Dance Shape Chain

Instruction:

1. Warm-Up

2. Discussion:

- “What are some shapes?”
- “What makes a shape?”
- “What are levels in dance? Directions?”

3. Observation on how to interpret the shape (by teacher)

4. Select a shape from Slide #3 and interpret your selected shape to make it yours

5. Create a Dance Shape Chain with the class

6. Reflection:

- “Was creating a dance chain with the class successful?”
- “What worked well?”
- “What didn’t work well?”
- “What would you like to try next time?”



Build a Dance Sequence

Instruction:

1. Warm-Up

2. Discussion:

- “How could we positively work in small groups?”
- “What could we do to work together?”
- “How many parts are there to a story
- “What are the steps we could take to build a dance sequence?”

3. Observation on how to positively share ideas about working in a small group. This is done orally and through physical demonstration (by teacher and a few volunteers)

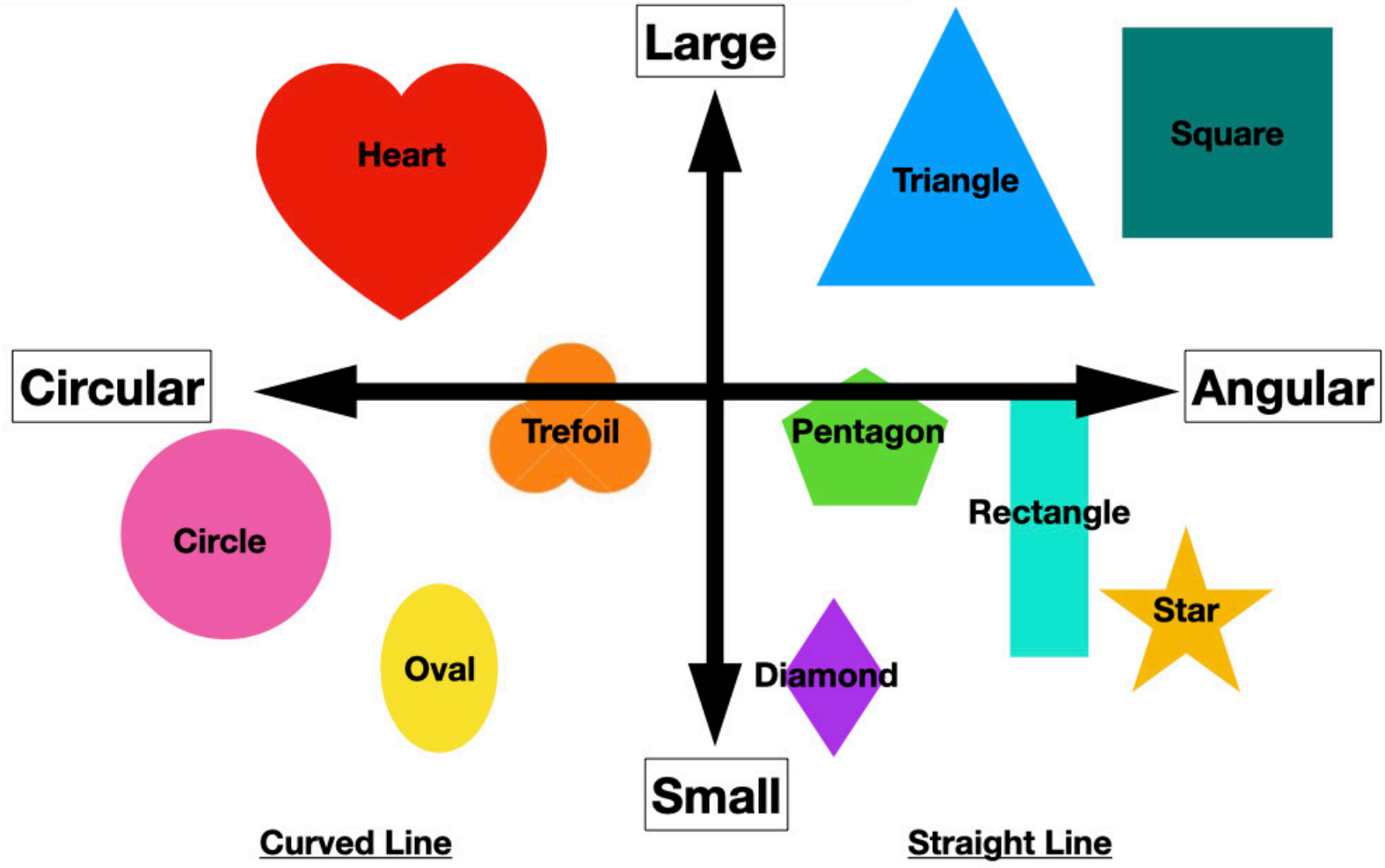
4. Create 5-6 shapes of your own (using levels, change of directions) or can use Slide #3 as inspiration

5. Build a Sequence by putting your group members ideas together

6. Reflection:

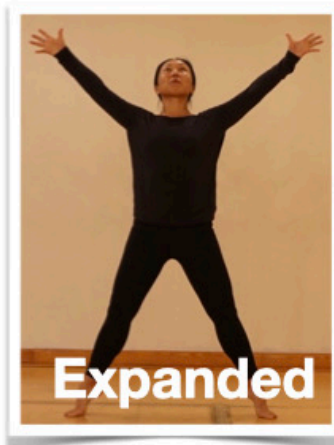
- “Was your group successful in building a dance sequence?” “Why or why not?”
- “What would you do differently?” “And why?”
- “What would you like your group to try out the next time?”

GEOMETRIC SHAPES



DANCERS IN SHAPES

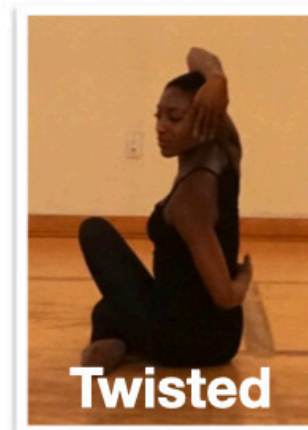
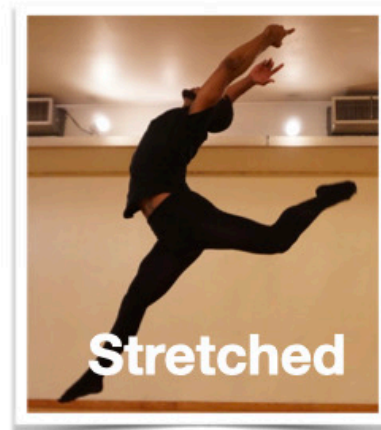
The design of the body as it exists in space.



Circular



Angular



DANCERS IN SHAPE USING LEVELS

