

I am Using My Voice!

to explore vocal expression, character traits & emotions

Return to “I am using my voice” to regulate.

If the class gets too excited, returning to a neutral voice will keep the game running smoothly. You can also return to “I am using my voice” if you forget your next prompt or get flustered and need a second to remember or regulate yourself.

Give yourself support & be kind to yourself!

Have your prompts written down. Practice expressing them vocally beforehand. If you don't feel happy with how you say the word the first time, repeat that one again to give yourself another chance!

Repetition is fun!

Have everyone keep the beat together and repeat words, only to give kids a chance to “get it”, but also because it's really fun!

Allow for different modes of participation

It's okay if kids don't copy you exactly! Validate kids who are making unique choices by copying how they express a word the next you repeat it in the game. It's also ok if some kids don't engage vocally. They are still learning from listening and watching.

Have fun!

Perfection isn't necessary! No choice is too ridiculous! If you're having fun, your kids will too!