Steps to play...

Facial Feature Warm Up

Do this warm up to prepare your students to...

1) express emotions in the Emotion Statue game. 2) discuss emotions in the Emotion Mapping Activity 3) create expressive puppet faces.

1. Identify the feature you are warming up

Sample Script

- We are going to warm up our eyebrows (touch your eyebrows).
- Everyone touch your eyebrows!

2. Prompt & Model exploration

Try out at least 3 prompts for each facial feature.

Sample Script

- Can you lift your eyebrows high? *(lift your own eyebrows)*
- Can you furrow or scrunch your eyebrows together? *(furrow & scrunch your own eyebrows together)*
- Can you make your eyebrows droop? *(droop your own eyebrows)*

3. Ask questions

For each exploration, ask questions to help students notice what emotions they might be expressing.

Sample Script

- When do people lift their eyebrows? What might be happening?
- What emotions do you feel when you furrow and scrunch your eyebrows?
- When you see someone with droopy eyebrows, what might their eyebrows tell you about how they are feeling?

4. Repeat

Repeat steps 1-3 for each facial feature. See the next page for suggested prompts and follow up questions.
Suggested prompts & questions for the...

Facial Feature Warm up

Suggested prompts for step 2
Choose at least 3 prompts for each facial feature. Kids may have ideas too!

**Nose:**
- scrunch, wiggle, flare nostrils

**Eyes:**
- widen, squint, bulge, look up, look down, look side to side, cross,
  - wink, blink,

**Eyebrows:**
- Lift, arch, furrow, scrunch, squished, knit together, droop, wiggle,
  - move both, move just one

**Mouth:**
- smile with no teeth, smile with teeth, bare teeth without smiling,
  - scowl, frown, pout, make a small O, make a big O, pucker, hide your lips

**Cheeks:**
- puffed out, sucked in, dimpled, tense, relaxed

Suggested questions for step 3
Keep these in your back pocket. If kids don’t have answers for one question, try a different one!

Possible questions:
- What emotions do you feel when you____________?  
- What emotion might you be showing when you__________?  
- What emotion are we showing when we___________?  
- When do people______________?  
- What might be happening to make us ______________?  
- When you see somebody with ____________ what might that tell you about how they are feeling?