

Facial Feature Warm Up

Timing

4 minutes

Space

Ideally, standing or sitting in a circle so that kids can see each other.

Additional supports

Visit
TeachwithArtsConnection.org



Do this warm up to prepare your students to...

1) **express** emotions in the Emotion Statue game. 2) **discuss** emotions in the Emotion Mapping Activity 3) **create** expressive puppet faces.

1. Identify the feature you are warming up

Sample Script

- We are going to warm up our eyebrows (touch your eyebrows).
- Everyone touch your eyebrows!

2. Prompt & Model exploration

Try out at least 3 prompts for each facial feature.

Sample Script

- Can you lift your eyebrows high? (*lift your own eyebrows*)
- Can you furrow or scrunch your eyebrows together? (*furrow & scrunch your own eyebrows together*)
- Can you make your eyebrows droop? (*droop your own eyebrows*)

3. Ask questions

For each exploration, ask questions to help students notice what emotions they might be expressing.

Sample Script

- When do people lift their eyebrows? What might be happening?
- What emotions do you feel when you furrow and scrunch your eyebrows?
- When you see someone with droopy eyebrows, what might their eyebrows tell you about how they are feeling?

4. Repeat

Repeat steps 1-3 for each facial feature. See the next page for suggested prompts and follow up questions.

Facial Feature Warm up

Suggested prompts for step 2

Choose at least 3 prompts for each facial feature. Kids may have ideas too!

Nose:

scrunch, wiggle, flare nostrils

Eyes:

widen, squint, bulge, look up, look down, look side to side, cross, wink, blink,

Eyebrows:

Lift, arch, furrow, scrunch, squished, knit together, droop, wiggle, move both, move just one

Mouth:

smile with no teeth, smile with teeth, bare teeth without smiling, scowl, frown, pout, make a small O, make a big O, pucker, hide your lips

Cheeks:

puffed out, sucked in, dimpled, tense, relaxed

Suggested questions for step 3

Keep these in your back pocket. If kids don't have answers for one question, try a different one!

Possible questions:

- What emotions do you feel when you _____?
- What emotion might you be showing when you _____?
- What emotion are we showing when we _____?
- When do people _____?
- What might be happening to make us _____?
- When you see somebody with _____ what might that tell you about how they are feeling?