Steps to play...





Introducing Advanced Emotion Vocabulary

Timing

3-4 minutes to set up and model the game. **3 minutes** for each advanced emotion word.

Space

Room to move & pose

Additional supports

/isit

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Do Before-

Play the Statue Game to embody core emotion vocabulary

1. Review the game

Sample Script (1 minute)

- We are going to play the "Emotion Statue" game again!
- What is a statue again? Show me with your body! Remember that statues stay in one spot, keep their balance and stay very quiet. Good Job! Relax your body.
- What is an emotion again? That's right! An emotion is the same as a feeling.
- Today, we're going to make statues to show some new, advanced emotion words.

2. Model the game

Embody an emotion word using the steps the children will follow.

Sample Script (1-2 minutes)

- **CONTEXT** These emotion words might be new to you, so I'll give you an idea of when you might feel that way- Maybe our first new emotion word is thrilled! If you won a game for the very first time you might feel thrilled!
- We will all use our face, body and voice to SAY & SHOW thrilled. I feel thrilled!
- We will **FREEZE** into a thrilled emotion statue.
- I will **DESCRIBE** all of the many wonderful ways that you are using your body to show thrilled. You might be making the same statue as someone else or you might have your own idea. I might also **ASK** you when you have felt that way!
- Then we'll **RESET.** We'll shake that feeling off and relax our bodies so we're ready for the next word.

continue...



The Statue Game

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3. Play the game Follow the steps for each advanced emotion word you will introduce today. Sample Script (2-3 minutes for each word) CONTEXT- Our first emotion word is ______. When ______, you

- SAY & SHOW- Let's use our bodies to show and voices to show the word____! I feel ____!
- FREEZE into an emotion statue that shows _____!
- **DESCRIBE & ASK -** Wow! I see so many different, wonderful ways to show _____! When have you felt_____?

Tips for Step 3

- Enthusiastically describe a variety of choices using specific, detailed and non-judgmental language.
- Use the **Describing Tool for Face & Body** support!

4. Release, reset

Choose a consistent way to help your students release and reset between every word.

Reset Options (10-20 seconds after every emotion word)

- Relax your body
- Take a deep breath

might feel .

- Wipe it away
- Shake it out
- Wiggle it away